## LEARNING GUIDANCE FOR STUDENTS

- Create and maintain a study schedule. Stick to as predictable a daily routine (see schedule recommended schedule above) as possible. Don't forget to include times for breaks and lunch.
- Create a learning space and gather your materials in that space. A dedicated learning space for virtual learning should ideally be located in a shared area of your home such as at the kitchen table, a large kitchen counter, or a desk in a living room or family room.
- Self-advocate to seek help within a virtual setting. Getting used to an online learning environment and participating in virtual learning might take a little while. Some people will love it right away. Others might need some time to get used to how to participate in live video sessions or use a chat room. If you're an "early adopter," be patient and remain kind to those who will take longer to adjust to a virtual learning environment. If you're one of the people who isn't as comfortable with technology or online learning as your peers, it's okay.
- Stay positive. Be persistent.

When you learn in an online setting, you will need to check your District Gmail account every day for information from your teachers and other adults about coursework, lessons, and/or content. All middle school and high school students should check their District Gmail account every day, too. Gmail is going to be an important tool for getting the information you need to successfully learn in the cloud. If you need help using Gmail please contact <a href="mailto:techhelp@goodrichschools.org">techhelp@goodrichschools.org</a>